

THE NEWSLETTER

GRAND JURORS ASSOCIATION OF ORANGE COUNTY

Volume 20, No. 4

10064 Sunn Circle, Fountain Valley CA 92708

November 2006

YOUR OFFICERS AND DIRECTORS

President	Joe Quiros	(949) 651-0113
1st Vice President	Bob Fauteux	(714) 998-2868
2nd Vice President	Jim Nolan	(714) 964-7024
Secretary	Rose Moreno	(714) 846-3219
Treasurer	Hiroko Kranz	(714) 963-5289
Parliamentarian	Peter Carter	(714) 531-3588
Sgt-at-arms	Karen Evarts	(949) 673-1432
Newsletter	Cheryl Brothers	(714) 839-4509
Director	Carlos N. Olvera	(949) 240-2490
Director	Bill Nelson	(714) 974-6025
Director	Joe Moreland	(714) 628-8701
Director	Mike Harris	(714) 538-4832

JOIN US FOR LUNCH
Thursday December 7
at Phoenix Club
1340 S. Sanderson Ave Anaheim

Christmas Program

Judge David Carter
Installation of Officers



A MESSAGE FROM THE PRESIDENT

Happy Holidays! This is not only the beginning of a very busy season for everyone—but it is also a relief from the politics of the mid-term elections. This is the time of year to celebrate with family and friends. The December luncheon will be an exciting affair, as Judge David Carter will swear in the new board, including two new members, Glen Stroud and Jerry Krans. Along with the December events, we are especially grateful to Holly Nolan (James Nolan, 1999-2000) for setting the tone for this joy filled event with her piano music.

The Board of Directors thanks all of its committees for doing a great job last year. We have some new chairs on various committees who are willing and

ready to get started. We always welcome new ideas from the membership. Let us hear from you.

Looking ahead to upcoming events:

- Superior Court has prepared a new packet of information for upcoming 2007-2008 panel
- Extension of time line for Measure M is on the ballot
- Board looking into Seniors Against Investment Fraud
- Membership booklet publication
- Upcoming speakers for 2007

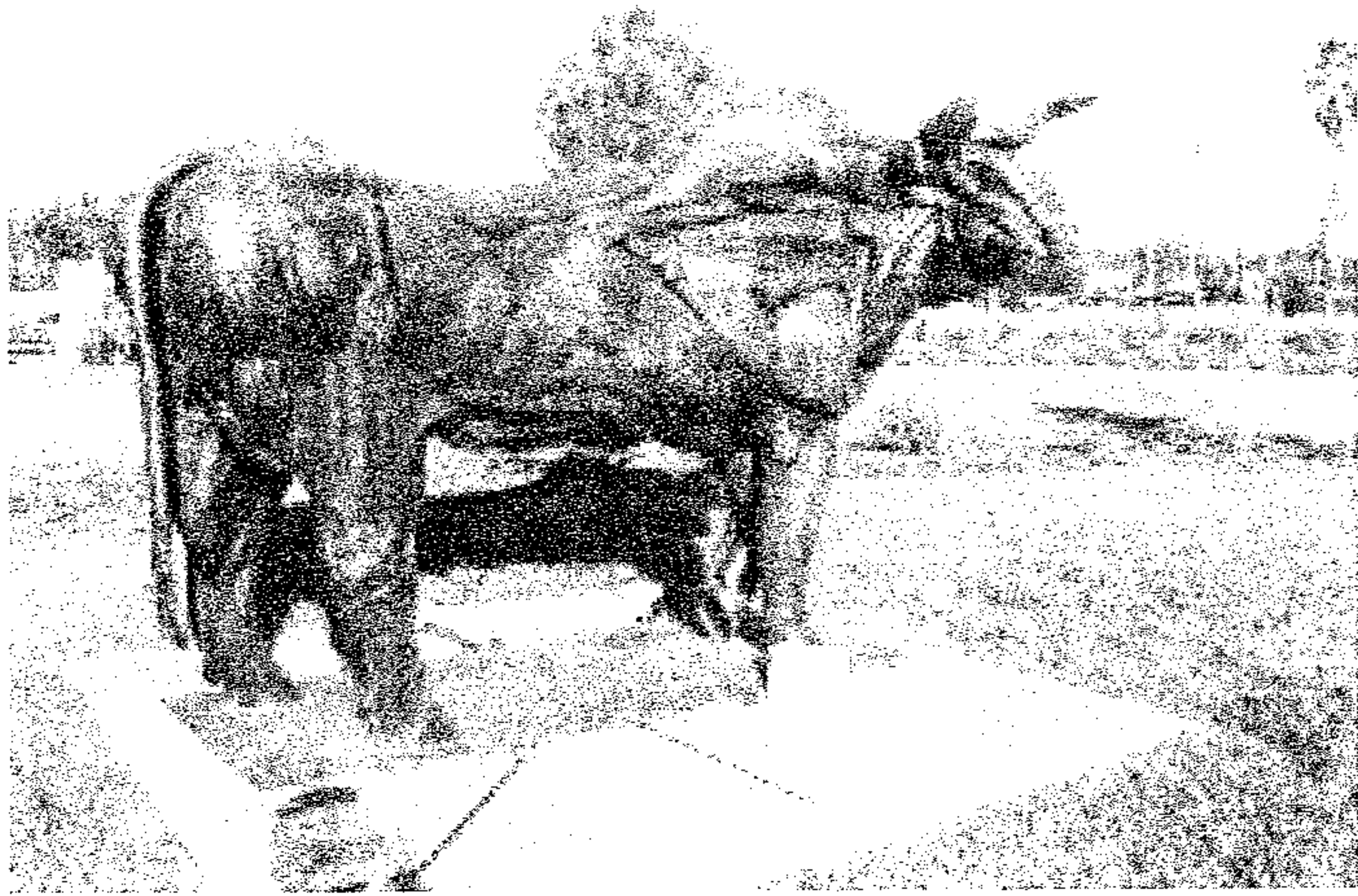
Enjoy the holidays and plan to join us at the December 7th luncheon meeting.

- Joe Quiros, president

SAVE A STAMP

2007 dues are due in January and can be paid at the December lunch meeting. The 2007 dues will remain constant at \$15 and are payable by check to GJAOC.

Membership Chairman Jim Nolan will verify your paid-up dues at the meeting.



The Bull Stops Here

*(Sculpture in front of Redding City Hall.
This life-sized sculpture was made from recycled, found materials.)*

CGJA CONFERENCE

The 2006 CGJA Annual Conference was held in Redding on Oct. 19. The Red Lion Hotel was the site of the one day event for the general membership. Those who were able to get there a day earlier went on a bus trip around Redding which boasts a complex which includes five replicas of famous baseball fields across the country, the Shasta Dam, the sculpture garden at the city hall, and the Sundial Bridge.

During the conference itself the opening remarks by Ken Murray, the mayor of Redding, was especially interesting since he had been both a grand jury member and the recipient of grand jury inquiries as mayor. He had good things and bad things to say about both sets of experiences. Christopher Godley, CEM Manager covered the topic of "Marin County Grand Jury and Emergency Management: Findings and Improvements" and Scott McGregor, U. S. Attorney, spoke on "Comparison between Federal and State Grand Juries". County Counsel Karen Jahr spoke about her association with grand juries.

The rest of the day included award ceremonies, reports to the membership, and a panel which discussed recruiting techniques for grand jurors. Directors stayed an extra day on Friday for a retreat. Rose Moreno attended as GJAOC President Joe Quiros' designated representative.

JUDGE CARTER TO KEYNOTE DECEMBER MEETING

At our December 7, 2006 meeting, Federal Judge David O. Carter will return again to be our keynote speaker.

Judge Carter is well known to most of us as he returns each year to help install the coming year's Association officers and board members. He also recounts with us his worldwide judicial activities for the past year. The different things with which he is involved are always of interest. Judge Carter was the Grand Jury's judicial advisor during the 1994-96 County Bankruptcy period.

It is noteworthy that our meeting falls on the 65th anniversary of the attack on Pearl Harbor. Judge Carter is a decorated Marine veteran and has previously spoken to us about his front line experiences during the Viet Nam war.

Judge Carter holds the service and the members of the Grand Jury in high regard. He always points out we are one of his favorite community action groups. He'll be back again to update us at a lively and informative meeting. Don't miss it.

IN MEMORIAM

**John Bensimon
1987-88 Panel**

FLU SHOT PROGRAM - 2006

It's the time of year again when seasonal influenza (the flu) strikes and afflicts between 5% and 20% of United States residents. Over 200,000 of those who get sick with the flu are hospitalized.

Who is most vulnerable?

- Young children
- Those over 50 years old
- People in nursing homes and other long-term care facilities
- People with certain chronic medical conditions (heart disease, asthma, diabetes, or immune suppressing diseases)
- Pregnant women

A flu shot is the best way to prevent the flu and avoid unnecessary complications or hospitalizations. However, there are additional preventive measures you can take to further reduce your chance of getting sick and spreading any respiratory illnesses to others:

- Cover your mouth when you cough or sneeze
- Wash your hands often with soap and water
- Try to avoid touching your eyes, nose, and mouth
- Avoid close contact with those who are sick
- If you get sick, stay home until you are better

The County of Orange Health Care Agency is offering free flu shots to those who are in the high priority category. This includes those 60 years and older, residents of long-term facilities, people with chronic conditions such as heart disease, asthma or other lung diseases, and immune suppressing diseases, young children, pregnant women and those who care for these high risk people.

You can call the Health Care Agency at (714) 567-7500 Mon-Fri 8:00AM - 5:00 PM, or go to the following website for more information including schedules for flu shots by date and by location: <http://www.officeonaging.ocgov.com>

MEDICARE QUESTIONS?

Are you or someone you know experiencing problems navigating the current Medicare maze involving Prescription Drug Benefits—Part D? Help is available by phone at HICAP (Health Insurance Counseling/Advocacy Program) at 714-560-2404.

If you prefer meeting a counselor in person, call your closest senior center and ask for an appointment with a HICAP counselor. For those of you in the Fountain Valley, Westminster, Huntington Beach area Rose Moreno does counseling at the Coastline College Center on the corner of Warner and Newhope. Leave her a message at 714-241-6298. Don't hang up when the message says "Coastline Legal Clinic", it's the same number.

HICAP can provide you with charts that compare the various drug plans, HMO, PPO, and Medicare Supplement plans. All counseling and information are provided free.

RECRUITING THE NEXT JURY

The Superior Court has begun seeking qualified citizens to apply for the 2007-2008 Orange County Grand Jury. Applications will be accepted until January 12, 2007. The new jury will sit from July 1, 2007 to June 30, 2008.

You have probably received a package of recruiting materials from the court. Additional applications may be obtained by calling the Grand Jury Hotline at (714) 834-6747 or at the Jury Commissioner's Office located in the Central Justice Center, 700 Civic Center Drive, Santa Ana between 8:00 a.m. and 5:00 p.m., Monday through Friday or on the Internet at www.ocgrandjury.org.

A mandatory orientation program for prospective grand jurors will be held January 25, 2007 at 5:00 p.m. in Department C-1 at the Central Justice Center.